



Pennsylvania Alliance to Control Tobacco (PACT) Scholarship Opportunity

PACT is offering a free Facilitator Training & Certification for the American Lung Association's signature program, Freedom From Smoking®.

What is PACT?

PACT, under the American Lung Association in Pennsylvania, is a statewide coalition made up of a diverse membership. PACT is primarily funded by a grant through the Pennsylvania Department of Health. Members of PACT include tobacco control advocates, healthcare professionals, government agencies, community leaders, business owners, and the public. PACT provides advocacy for variety of tobacco control issues across the Commonwealth as well as technical assistance including: advocacy trainings, smoke- and tobacco-free policy assistance, community education, and raise awareness of tobacco control issues in Pennsylvania

Why Freedom From Smoking®?

American Lung Association's Freedom From Smoking® is a proven-effective smoking cessation clinic program, which:

- Has successfully helped smokers quit for over 40 years
- Boasts a 57% quit rate at 6 months when used in combination with a quit-smoking medication
- Is ranked most effective smoking cessation program in a study by Fordham University Graduate School of Business

This program is a terrific way for future medical or allied health professionals to enhance their tobacco cessation skills and to further develop their community involvement record through lung health advocacy efforts.

Who are we looking for?

For this scholarship, we are looking for current students pursuing medical related degrees or programs (i.e. nursing, medicine, dental, etc.) interested in being trained and implementing Freedom From Smoking® Clinics. Students looking to apply must be tobacco free and have not used any form of tobacco within the last 12 months, including electronic nicotine-delivery devices (e-cigarettes).

What does this Scholarship include?

The Freedom From Smoking® Training, Materials & Certification is valued at \$350 and will be provided free of cost.

Scholarship recipients will be required to complete the following:

1. Become an active member of PACT
 - a. To be considered an "active member" the scholarship recipient must receive the weekly PACT notes (automatic upon sign up), 'like' and 'follow' all PACT social media pages, and respond to advocacy alerts and calls to action from PACT.
2. Become a member of the Lung Action Network
 - a. Advocate for nationwide policies that will save lives by improving lung health and prevent lung disease
3. Become a member of the Regional PA Tobacco Free Coalition
 - a. Join the tobacco free coalition in your region and support eliminating tobacco use and tobacco-related lung disease
4. Become a member of Lung Force
 - a. Help to unite women to stand together against lung cancer and for lung health



Interested?

If you think becoming a Freedom From Smoking® Facilitator would be a good fit for you, please contact Sarah Lawver at Sarah.Lawver@lung.org. (Space is limited- scholarships awarded on a first come, first serve basis)