

Ending ENDS:

Electronic Nicotine Delivery Systems in PA

Why do ENDS matter?

Since their introduction to the US market within the last decade, ENDS have rapidly become widespread, with particularly **high usage among youth and current smokers**. There is not sufficient evidence to demonstrate that ENDS are safe for use, and they are **not among the seven FDA-approved smoking cessation tools**. However, there are many appropriate policies to help protect youth and non-smokers from the potential harms of ENDS until there is a better base of knowledge for understanding how they impacts users' and non-users' health.

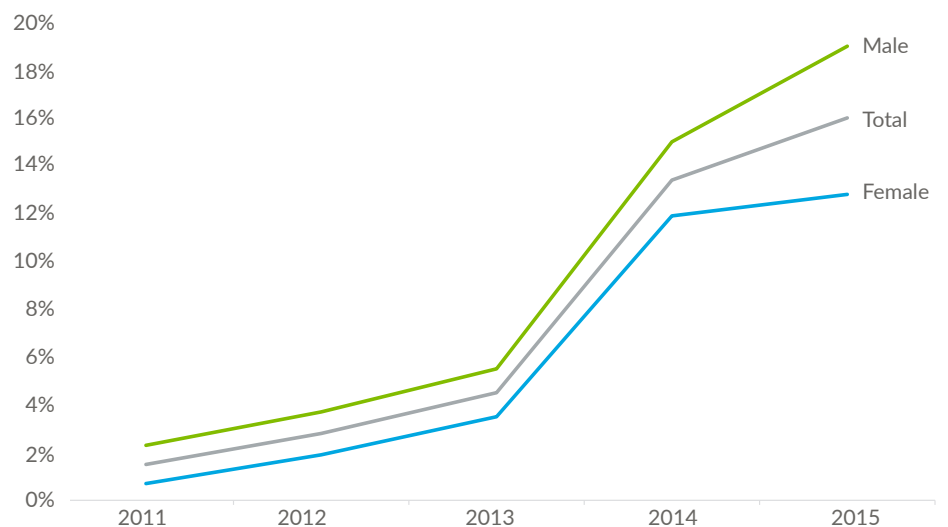
ENDS are the most commonly used type of tobacco among youth nationwide.

E-cigarette use increased 1000% among high school students from 2011 to 2015.

The FDA has not found ENDS to be safe or effective supports to help smokers quit.

Since ENDS became prevalent after the introduction of the Clean Indoor Air Act (CIAA) in Pennsylvania, there is no regulation to prevent the use of ENDS indoors, where they may harm the health of non-users. An amendment to the CIAA could specify the prohibition of the use of both ENDS and combusted tobacco indoors.

US high school students are increasingly using e-cigarettes.



RECOMMENDATION: Focus on tobacco-free and nicotine-free policies and regulations, including an amendment to the CIAA, rather than smoke-free policies and regulations.

Sources:

U.S. Department of Health and Human Services. *E-cigarette Use among Youth and Young Adults. A Report of the Surgeon General*. (2016).
Centers for Disease Control and Prevention (CDC). *Electronic Nicotine Delivery Systems Key Facts*. Accessed 04/03/2017.

